

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY		
Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1		
			12.30-1.30pm Home schooling Dance Class Coach Mayra & Kylah			9.30-11.00am Hy-Fi Littles & Co	10.30-11.30am Ready Set Dance Coach Mayra									8.15-9.15am Minx Fitness Dance Class Coach Rach	
3.45-4.45pm Mini Hip Hop Novice Competition Team (2 to 5 years) Coach Stacy & Coach Elyza	3.45-4.45pm Urban Energy: Foundations Cardio, agility, basic core work & hip hop foundations class (6-12 years) Coach Alexa	3.45-4.45pm Ready Set Dance Level 1 (2-5 years) Coach Cheyenne	3.45-4.45pm Junior Hip Hop Competition (8-16 years) Coach Alexa & Emma	3.45-4.45pm Intermediate & Open Recreational Jazz & Contemporary Class (10-17 years) Coach Cheyenne		3.45-4.45pm Junior Jazz Competition Team (8-16 years) Coach Bec	3.45-4.45pm Beginner Acrobatics Class Skill based placement (3+ years) Coach Katya		3.45-4.45pm Senior Pom Competition Team (11-18 years) Coach Bec	3.45-4.45pm Beginner Recreational Jazz & Contemporary Class (6-9 years) Coach Elyza	3.45-4.45pm Ready Set Dance Level 2 (2-5 years) Coach Stacy COMING TERM 2	3.45-4.45pm Youth Pom Competition Team (6 to 12 years) Coach Bec	3.45-4.45pm Mixed Level Acro Class (All Ages) Coach Katya NEW!!	3.45-4.30pm Tiny Competition Teams (2 to 5 years) Coach Stacy			
4.45-5.45pm Mini Pom Novice Competition Team (2 to 5 years) Coach Chey & Elyza	4.45-5.45pm Power & Grace: Essentials & Elevate Foundations Introductory strength, flexibility, basic ballet and technical work class (6+ years) Coach Alexa		4.45-5.45pm Senior Hip Hop Competition Team (11-18 years) Coach Alexa & Jorja	4.45-5.45pm Intermediate Recreational Hip Hop Class (10-13 years) Coach Emma		4.45-5.45pm Junior Lyrical Competition Team (8-16 years) Coach Bec	4.45-5.45pm Intermediate Acrobatics Class Skill based placement Coach Katya	4.30-5.30pm Ready Set Dance Level 1 (2-5 years) Coach Stacy & Coach Elyza	4.45-5.45pm Power & Grace: Elite Skill based placement Coach Bec	4.45-5.45pm Beginner Recreational Hip Hop Class (6-9 years) Coach Emma	4.45-5.45pm Ready Set Dance Level 1 (2-5 years) Coach Stacy	4.45-6.15pm Youth Jazz & Lyrical Competition Team (6 to 12 years) Coach Bec					
5.45-6.45pm Youth Hip Hop Competition (6 to 12 years) Coach Stacy, Mayra & Alexa	5.45-6.45pm Elevate: Mastery Technique, Alignment & Refinement Class (10+ years) Coach Paige		5.45-6.45pm Urban Energy: Level Up Term 1 – Foundations Term 2 – Breakdancing Term 3 – Breakdancing Term 4 – Foundations (12+ years)	5.45-6.45pm Beginner & Intermediate Recreational Pom Class (6+ years) Coach Cheyenne		5.45-6.45pm Senior Lyrical Competition Team (11-18 years) Coach Bec	5.45-6.45pm Advanced Acrobatics Class Skill based placement Coach Katya FULL! See Friday Acro coming Late Feb!		5.45-6.45pm Open Pom Competition Team (14+ years) *application only Coach Bec	5.45-6.45pm Elevate: Mastery Technique, Alignment & Refinement Class (10+ years) Coach Paige		6.15-7.15pm Junior Intermediate Pom Competition Team (8-16 years) Coach Bec					
6.45-7.45pm Adult Hip Hop Competition Team (18+ years) Coach Stacy & Kylah	6.45-7.45pm Promotional Squad Training Junior Squad (6+ years) Coach Chey & Mayra		6.45-8.15pm IASF Open Hip Hop Competition Team (14+ years) Coach Alexa & Stacy	6.45-7.45pm Adult Recreational Heels (16+ years) Coach Kimi FROM 10.2.26		6.45-7.45pm Power & Grace: Advanced Skill based placement Coach Bec NEW!!!			6.45-7.45pm Open Lyrical Competition Team (14+ years) *application only Coach Bec	6.45-7.45pm Adult Recreational Hip Hop (16+ years) Coach Emma		7.15 – 8.15pm Adult Pom Competition Team (18+ years) Coach Bec					
	7.45-8.45pm Promotional Squad Training Senior Pro Squad (12+ years) Coach Chey & Alexa			NEW!!		7.45-8.45pm Senior Jazz Competition Team (11-18 years) Coach Bec	7.45-8.45pm Open Recreational Hip Hop Class (13+ years) Coach Alexa		7.45-8.45pm Open Jazz Competition Team (14+ years) *application only Coach Bec								

**FREE TRIAL WEEK FOR ALL NEW ENQUIRIES!
SCAN HERE FOR OUR 2026 ENPNT BOOKING SITE!**

